Check out our latest offer on page 9

DECOR SHIFTS SHAPE
BIG ON CURVES, BOLD ON FLORALS {page 12}

SLIPSTREAM
BONNIE RAITT 'REALLY READY TO COME BACK' {page 8}

WINNIPEG metro®
Thursday, January 5, 2012
www.metronews.ca
News worth sharing.

Bullet. Riddled

▶ A fire investigator with the WFPS takes photos outside a residence in the 600 block of Victor Street on Wednesday. Police were called to the area to reports of gunshots around 8 a.m. No injuries were reported, though a home showed evidence of numerous bullet holes in the front window and a possible firebomb at the front door. Police were tight-lipped as the investigation continues.

SHANE GIBSON/FOR METRO

Searching for clues in attack on house

What's with the weather?

'Peggers quiver in delight over possibility of 7 C high for Thursday ◐ Meanwhile, flooded-out farmers wish for more snow

ELISHA DACEY
@METRONEWS.CA

Thursday's mind-boggling balmy forecast of 7 C may have 'Peggers breaking out their sandals, but farmers who were under water only months ago say they wish they had more snow.

Gary Sigurdson, a farmer near Melita, Man., said the lack of snow is not good for those sowing a winter wheat crop.

"We need a good two more feet of snow," said Sigurdson, who added he was unable to seed a crop in 2011 due to flooding. "It is strange, considering all the moisture we had, but now we don't have enough."

Recreational snow users are also complaining, with snowmobile trails closed throughout the province and thin-ice warnings on rivers preventing January hockey games.

But Winnipeg resident Julia Smithson said the warmer weather has been a blessing.

"It makes it easier to get around, especially with a stroller," said the 27-year-old West End resident, gesturing to a stroller she was pushing Wednesday morning.

Environment Canada said the balmy weather is due to a push of warmer air from the Pacific Ocean, trapping colder air further north.

5 cm

Winnipeg saw about 5 cm of snow throughout December, with similar numbers across southern Manitoba.

7.8 C

The record for Jan. 5 is 4.3 C for Winnipeg, set in 1983. The all-time high temperature for January is 7.8 C, set on Jan. 23, 1942.

SHOPPERS DRUG MART

1 news

Old photos meet new tech on smartphone apps that allow you to explore your city's past. Scan the code for the story.

1 Download the free ScanLife app with your smartphone at 2dscan.com

2 Use your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to **m.metronews.ca**

On the web at metronews.ca

A notorious British crank caller serenades a television host with a charming ode to cricket. Watch at metronews.ca/video

Follow us on Twitter @metrowinnipeg

Our city is beautiful, so post your pride, Winnipeg

New website gives chance to show pictures of your city ◐ Goal is to become online archive documenting changes to city over time ◐ Check out beautifulwinnipeg.posterous.com

SHANE GIBSON
WINNIPEG@METRONEWS.CA

A newly launched United Way of Winnipeg website is giving city folks the chance to share photos of their neighbourhoods.

And it ultimately aims to make the city we love feel just a little smaller.

"I wanted people to be able to get a look at places they don't get to spend a lot of time in," explained site creator and photographer Erica Glasier of the United Way.

"It'll give a glimpse into the neighbourhoods we don't live in, travel through or work in every day."

The site, called Winnipeg Is Beautiful, has been running for about a month.

Already, it has more than 100 photos posted with roughly 4,000 page views to date.

Glasier says many of the pictures posted are of Winnipeg's downtown area.

But as the site grows, she'd like to see snaps of what makes Winnipeg's suburbs beautiful, too.

"There's so much development going on and it's really, really exciting," she said.

"I'd like to emphasize the changes that are happening in all parts of Winnipeg."

The site also allows for comments and blog posts under each photo.

Glasier hopes this will help bring Winnipeggers together — one of the United Way's main missions.

"The website really is a perfect fit for the United Way."

ERICA GLASIER/WINNIPEG IS BEAUTIFUL

▶ Erica Glasier portrays the special charm of Winnipeg with this photo titled Window Art, Pacific Avenue.

Our local stars

- Photographers retain all rights to the work submitted to Winnipeg Is Beautiful.
- The site has seen submissions from well-known local photographers, including Vergil Kanne, Bryan Scott and Ian McCausland — who took the photo on the left of vintage Jets gear.
- On the site, you can post pictures of your own, post a comment, share a photo or browse.

Police identify man who died at university

Investigators have confirmed the identity of a man whose body was found at the University of Manitoba on Monday.

Winnipeg police said they are treating this case as a "sudden death" and have no reason to believe it is suspicious.

Police said the man was found at about 1 p.m. by the campus security detail.

He was taken to hospital where he was pronounced dead.

Police said they will not be releasing the man's name, further details about him or how he died.

The pedestrian walkway between the engineering building and University Centre was blocked off while police investigated. METRO

News in brief

Driver killed on Highway 3

FATALITY. A 64-year-old man from Sanford was killed in a crash south of Winnipeg.

RCMP say the overnight crash on Highway 3 just north of Sanford involved a car and a pickup truck.

THE CANADIAN PRESS

Irene moving on — and up

WINNIPEG. Manitoba is looking for a new ombudsman.

Irene Hamilton is leaving for a new job as the province's director of justice innovation.

THE CANADIAN PRESS

Child-porn bishop freed from jail

Lahey out on probation after serving eight months in prison Gets two-for-one credit for time served

STEVE COLLINS
WINNIPEG@METRONEWS.CA
METRO CANADA IN OTTAWA

A Catholic bishop caught at the Ottawa airport with hundreds of child-porn images on his laptop was released Wednesday after receiving a sentence of 15 months — only eight of which he actually served behind bars.

Raymond Lahey, 71, formerly bishop of Antigonish, N.S., pleaded guilty eight months ago to possession of child pornography for the purposes of importation and asked to begin serving his sentence immediately.

Wednesday, Justice Kent Kirkland sentenced him to 15 months, but because he got a two-for-one credit for "pre-sentencing" time served, Lahey was freed. He will be on probation for two years and registered as a sex offender for 20 years.

His lawyer, Michael Edelson, had recommended the minimum one-year sentence, but said Kirkland imposed "exactly the right sentence." The jail time, Edelson added, is just the beginning.

"The sentencing in virtually every one of these cases essentially marks a person for life … and as a result, you become a social pariah," he said.

Prosecutors had asked for 18 to 22 months, but were also satisfied with the sentence.

"It'll serve to announce to others that harsh sentences are in place for those who commit such crimes, sentences which are also meted out to ensure the protection of our children," said Crown prosecutor David Elhadad.

SEAN KILPATRICK/THE CANADIAN PRESS

▶ In this 2011 file photo, Raymond Lahey arrives at the Ottawa courthouse.

Online porn helps cut abuse: Expert

The key witness in Raymond Lahey's sentencing is working on research he believes will show that sexual deviants who consume child pornography are less likely to abuse children now that child porn has gone online.

Dr. John Bradford, head of the division of forensic psychiatry of the University of Ottawa, has testified as an expert in numerous criminal trials and was a defence witness at Lahey's sentencing hearing in December.

His conclusion that Lahey was not a risk to children and, in fact, not a pedophile, despite possessing images and videos of children and teens, was a key part of the defence argument for a lesser sentence.

There are common misconceptions about child pornography, Bradford said in an interview with Metro shortly after the sentencing hearing.

Bradford is unequivocal that child pornography is extremely harmful to the children abused in it, but says the assumption that people who look at child porn usually also molest children isn't true.

JESSICA SMITH IN OTTAWA

L.A. arson suspect put on suicide watch

The German man charged with allegedly setting a string of fires across Los Angeles on New Year's weekend has been put on suicide watch, a law enforcement official said Wednesday.

Harry Burkhart, 24, has been in custody since Monday, when he was arrested in Hollywood.

Burkhart's mother Dorothee Burkhart said in court Tuesday that her son is mentally ill.

He has refused to co-operate with investigators since his arrest on suspicion of starting dozens of car fires in and around the city that caused an estimated $3 million US in damage.

Authorities said they believe he was angry over his mother's legal troubles and went on an arson rampage a day after she made an initial court appearance last week.

Burkhart is also under investigation in his home country of Germany for a house fire north of Frankfurt days before he travelled to the U.S. in October.

The fire at the house, which belonged to the Burkhart family, has been ruled an arson, Marburg prosecutors' spokeswoman Annemarie Wied said.

Burkhart did not live in the area, but his name surfaced as a suspect after he filed an insurance claim shortly after the fire, Wied said. THE ASSOCIATED PRESS

ONSCENE.TV/THE ASSOCIATED PRESS

▶ In this still photo taken from video released on Jan. 2 by OnScene.tv, arson suspect Harry Burkhart is arrested in the Hollywood section of Los Angeles.

Mother in trouble

- Harry Burkhart's mother, Dorothee Burkhart, is charged in Germany with 19 counts of fraud, including failing to pay for a 2004 breast augmentation surgery and pilfering security deposits from renters.
- A Frankfurt court spokesman said Dorothee Burkhart will go on trial for the fraud charges once she is extradited.

Canadian's killing to be fully probed: Cops

Mexican police have promised a thorough investigation into the shooting death of a B.C. man during an apparent home invasion.

Police say Robin Wood, 67, of Salt Spring Island, B.C., was killed Tuesday when he stood up to two suspects who tried to rob a friend's home in Melaque. THE CANADIAN PRESS

Bachmann ends bid for White House

Michele Bachmann announced Wednesday that she is ending her bid for the Republican presidential nomination to challenge U.S. President Barack Obama after her last-place finish in the Iowa caucuses.

The conservative Minnesota congresswoman's decision, widely expected following her Iowa showing, leaves her supporters up for grabs by the other candidates, particularly former Pennsylvania senator Rick Santorum, former House of Representatives speaker Newt Gingrich and Texas Gov. Rick Perry.

"I have decided to stand aside," Bachmann said at a hastily arranged news conference. THE ASSOCIATED PRESS

CHRIS CARLSON/THE ASSOCIATED PRESS

▶ Michele Bachmann

Germany, Portugal borrow to ease crisis

- Italy and Netherlands also managed to sell debt
- Italy has $69 billion in expiring debt to auction off

Europe won some further modest respite from its debt crisis Wednesday as Germany and Portugal became the latest countries to borrow with relative ease ahead of a hazard-filled few weeks for the eurozone.

Both countries saw their borrowing costs dip at auctions, in a further sign that investors may have temporarily put some of their concerns to one side at the start of the new year in the wake of fairly buoyant U.S. economic data.

Germany, the biggest contributor in Europe's bailouts, managed to sell $5.3 billion US in its benchmark 10-year bonds Wednesday at an average yield of 1.93 per cent, down on the previous 1.98 per cent it had to pay. But demand barely covered the bonds on offer. Portugal, bailed out last April after being locked out of international markets, paid a lower interest rate to borrow $1.3 billion in three-month treasury bills.

Eurozone governments are struggling to convince financial markets that indebted governments will not default and should be able to borrow at affordable rates to repay debts. Greece, Ireland and Portugal have needed bailouts, while much larger Italy and Spain have also seen their borrowing costs rise.

Further trouble could come from a slowing eurozone economy. Many economists predict an outright recession, which would be two quarters of negative growth.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. WEDNESDAY

TSX	Dollar
+ 18.04 (12,226.47)	- 0.13¢ ($98.78¢ US)
OIL	**Natural gas**
+ 0.26¢ US ($103.22 US)	$3.10 (+ 10¢)
	Gold $1,612.70 (+ $12.20)

Next. In Line

▶ In this photo from November, Scott Thompson, then president of PayPal, speaks at the Web 2.0 Summit in San Francisco.

JAMES DURE

Yahoo picks its new CEO

Yahoo Inc. has named Scott Thompson as its new CEO. The company has been without a permanent CEO since September. It fired Carol Bartz after losing patience with her attempts to turn around the company during her two-and-a-half-year tenure.

Prepare to work longer for less payoff

The deteriorating health of Canadian pensions in 2011 is likely to convince more employers to shift burdens to employees this year and force an increase in retirement ages, according to pension consulting firm Towers Watson.

The company said that low interest rates and plunging stock markets weighed heavily on defined-benefit pension plans, which guarantee a level of post-retirement income.

If pension-plan values do not recover over the long term, retirees may face lower pensions and benefits.

THE CANADIAN PRESS

16 Statistics Canada research found that a 50-year-old worker in 2008 could expect to stay in the labour force another 16 years — 3.5 years longer than in the mid-1990s.

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Bankruptcy to save jobs: CEO

JACQUES BOISSINOT/THE CANADIAN PRESS

▶ This Dec. 13, 2010, photo shows the LAB Chrysotile asbestos mining operation site in Black Lake, Que.

The head of one of Canada's last two remaining asbestos mines said Wednesday that declaring bankruptcy is the only way the cash-strapped operation has a chance of saving its workers' jobs.

Simon Dupere, president and CEO of Quebec-based LAB Chrysotile, said in an interview that he's confident many of the 350 jobs at the mine will be saved.

"It's not an operation that is overstaffed," Dupere said. "Is it going to be a little more or a little less? That depends on what works, it depends on the business plan."

Dupere said the company's current financial situation made it impossible to continue operations.

He said the shutdown of its Lac d'amiante du Canada mine in Thetford Mines last fall didn't stem costs and there has been no revenue to deal with them.

Declaring bankruptcy is a key step to getting the financially troubled company back on a solid financial footing. "We have a problem with fixed costs, and this will be resolved with the (bankruptcy). Now we will talk to everyone involved, we will see how we're going forward and how we'll revive the project," Dupere said.

One possibility that would allow the mine to resume production in 2013 would be the opening of access to an asbestos deposit that is currently blocked.

While workers were surprised by the announcement, the union says the possibility of a recovery provides a ray of hope. But Gordon Ringuette, a spokesman for the mine's union, says he's waiting to see if the company will use the situation to seek concessions from workers to reduce labour costs.

"We expect that they will ask for concessions," he said. "They're talking about a business plan that has become too expensive and unprofitable." THE CANADIAN PRESS

Asbestos in Canada

- A shutdown at Thetford Mines and a production halt at the Jeffrey Mine brought Canada's asbestos sector to a halt.
- The Canadian Cancer Society says more than 100,000 people die worldwide each year from exposure to asbestos at work.
- The Tory government refuses to add asbestos to an international hazardous-chemicals list.

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OF MICE AND THE MAN WHO LOVES THEM

HE SAYS ...

METRO

I think I love the mouse in my apartment.

It's not the love between a man and a woman, exactly, because I don't know its gender. But it feels right.

It is a forbidden love, frowned upon by the world, and it is a love brought about by fate: Of all the drywall joints in all the townhouses in all the world, it chewed into mine.

And if loving something means wanting it to be free, then I'll squeak it from the rooftops — I love my mouse.

Don't misunderstand: I realize that mice are disease-ridden vermin, which is why Mickey always wore white gloves — for safety's sake.

I'm aware that it's hard to endorse a creature that has used millions of years of evolutionary knowledge to perfect the art of pooping on your counter top.

And, personally, I'm annoyed that the little guy can find enough food in my apartment to survive even though I can't seem to, no matter how many times I open the fridge.

"And, personally, I'm annoyed that the little guy can find enough food in my apartment to survive even though I can't seem to, no matter how many times I open the fridge."

But, despite all that, I must love the mouse.

Why? Because I can't deal with the alternative.

As a journalist, I often worry that I'm jaded. Cover enough accidents and murders and Vic Toews, and eventually you get so cynical you can talk like this to a stranger: "I know this is a difficult time, but how did you FEEL when your dog fell into the thresher? Oh, don't cry. Please wait until the camera gets here."

But that worry evaporated last winter. I had a mouse back then, you see.

And so I bought glue traps, because the packaging said it was "humane" and it showed a cartoon mouse looking annoyed in the glue, as if it were going to miss its dinner with Speedy, Mickey and Mighty. Why, this was going to be fun!

Well, I don't want to get too gruesome about what happened, but the Gadhafi family would have been appalled. While the mouse squeaked at the same volume as the girl being eaten at the beginning of Jaws, I frantically ran outside with him, promising freedom.

I poured water on him — that's what the packaging said to do — and watched hopefully (run little buddy!) as he stopped moving entirely. Yes, I waterboarded the mouse.

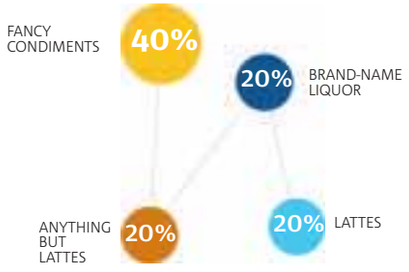
And as I stood over his lifeless body, I vowed then and there that I would only love all the helpless rodents of the world. So, as you can see, I need to love the new mouse.

And if I must kill him, I will at least talk to its family, using all my compassion and empathy. Because I know this is a difficult time.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

The UN says we're set for another volatile year in food prices. What are you willing to give up if you have to pay more for dinner?



Local tweets

@Mike Friesen10: #Winnipeg, prepare to be talking about the weather EVEN MORE THAN USUAL in the very near future.

@prj247: A Winnipeg family shown outside NBC's Today Show during weather segment bundled up in the NYC cold! Ironic. It's milder in Winnipeg!

@Pfiefedog: RT "@HerThirties: This weather is so awesome! #winnipeg" I agree, but Winter just isn't Winter w/o -20 or more sans windchill and ppl crying

@JordanCoates: Uhhh Weather Network says it's supposed to be +7 in the Peg tomorrow. Are we sure this is January? #Winnipeg

@StacyDemy: The weather here is so crazy, that weedman is still maintaining my lawn in january! So much for my new snowblower my dad bought. #winnipeg

@JoeBlue: Crazy Winnipeg weather. It's going to +7 degrees Celsius tomorrow (45F)...and NO SNOW! It should be like -23 with 6 feet of the white stuff.

@BTouche: Seriously winnipeg weather right now is incredible

NATASHA HARTH / REX FEATURES

Daily Zoom

Art attack ... by kids

Kids' stickers create artwork

QUEENSLAND, AUSTRALIA. If you want that statement-making design to jazz up your home interior, then perhaps look no further!

One artist has created a work where children can express themselves using coloured stickers. Yayoi Kusama's Obliteration Room is currently on display at the Queensland Art Gallery.

METRO WORLD NEWS

"With just one polka dot, nothing can be achieved."

YAYOI KUSAMA'S CANDID REMARKS ON THE MEANING OF HER ART

Boring room or blank canvas

INTERACTIVE ART. Curators suggest this sterile white room is a critique of everyday life drained of colour. But at the same time they say this colourless space acts "as a blank canvas to be invigorated — or 'obliterated,' changing measurably over time as the dots accumulate as a result of thousands of collaborators."

METRO WORLD NEWS

metro

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RUNNING THIS AD IN DECEMBER WOULDN'T HAVE DONE ANY GOOD.

Truth is, everyone is nicer in December. So why can't we be just as good to each other after the holidays? Let's keep those food banks stuffed. Let's shovel the driveways and walkways of our elderly neighbours. Let's crack a smile even though the wind chill's 20 below. Let's keep our holiday lights on throughout the entire year. Let's all make a New Year's resolution to do good every single day of the year. Over the next 365 days, let's all remember that being nice is always in season. Let's try to be good all year round.

people for good.ca

2 scene

Donald Trump

Mob boss widow Victoria Gotti, singer Clay Aiken and IndyCar champ Michael Andretti are on tap for the next edition of NBC's Celebrity Apprentice. Host Donald Trump announced the new batch of contenders and they also include Teresa Guidice, comedian Lisa Lampanelli, former Miss Universe Dayana Mendoza, rock star Dee Snider and America Chopper star Paul Teutul Sr.
THE ASSOCIATED PRESS

No two shows the same

The Incredible Boris will reach into your mind and entertain you His show is at Rumors

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG

Comedy hypnotist The Incredible Boris (a.k.a. Boris Cherniak) doesn't possess paranormal abilities; he's simply into the power of suggestion.

"The best part of hypnosis is it's a natural state," says the 47-year-old Toronto-based entertainer. "It's not something supernatural that I have the powers to do, I just learned how to hypnotize. Think about it like this; we all live in a trance and we slip from one trance to another except onstage I figured out how to make a comedic result out of it."

Born in Moscow, Russia, Cherniak grew up across from the Moscow Circus where he was a regular backstage, learning the tricks of the trade from famous clowns Yury Nikulin and Oleg Popov. As a teenager he read Morey Bernstein's The Search for Bridey Murphy, a book concerning a true life hypnotic regression that inspired Cherniak to learn everything he could on the subject.

What started as a hobby, hypnotizing people at parties, has developed into a 300-plus show a year career, but Cherniak's emphasis is still on fun.

"That's the one thing that I make a huge point out of, nobody's ever onstage to be degraded or embarrassed," Cherniak says. "I think of myself as somebody who showcases the abilities that your mind has. As a matter of fact the very last thing I do during every show is give the participants hypnotic suggestions, like to quit smoking, as a thank you for their involvement in the program."

Cherniak has 30 years experience in show business, but the last few have arguably been his best. In 2008, he performed at the Women's Global Leadership Conference in Dubai, last summer he entertained Canadian and American troops as part of Operation Hot in Afghanistan and just recently he performed a corporate show for Google (Cherniak is credited with creating the phrase "Google me"). Guaranteed, none of these shows were the same.

"One I would get bored if I did the same thing over and over again and two, it's not the same participants," Cherniak says. "If I tell you to do something in a certain way, your personality will dictate you actions, while somebody else with the same instructions will do something completely different."

The Incredible Boris performs next Tuesday through Saturday at Rumor's Comedy Club & Restaurant.

HANDOUT

▶ Tickets to the Incredible Boris show are $17 (Tues-Thurs) and $20 (Fri-Sat) and are available at Rumor's. Weekday shows start at 8 p.m., while Fridays and Saturdays start at 7:45 p.m. and 10:30 p.m.

Slipstreaming into 2012

Bonnie Raitt prepares to release her first album in nearly seven years

Bonnie Raitt is releasing a new album in 2012, her first in seven years.

Slipstream, out April 10, follows a long break from studio work for the Grammy-winning Rock and Roll Hall of Fame member. She lost her parents, her brother and her best friend.

"I hadn't stopped moving in a very long time so I really wanted to take a total break and not concentrate on making a new record or what I was going to do next," Raitt said. "So that was really valuable because I waited until I was really ready to come back."

Slipstream is the 62-year-old slide guitarist's first album since 2005's Souls Alike, and will be the first release on her own record label, Redwing Records. The 12-track album will feature four songs recorded with producer Joe Henry and his musicians, which she describes as experimental. The remainder of the album is self-produced with her touring band.
THE ASSOCIATED PRESS

CHRIS PIZZELLO/THE ASSOCIATED PRESS

▶ Bonnie Raitt

NY-based grocery yanks, then restores, Alec Baldwin ads after support for actor.

Timberlake engaged?

Singer proposes to Jessica Biel on top of mountain, according to sources

ALL PHOTOS GETTY IMAGES

▶ Jessica Biel and Justin Timberlake

After quietly getting back together in 2011, Justin Timberlake and Jessica Biel have reportedly gotten engaged just as quietly.

Sources tells Us Weekly that Timberlake popped the question on top of a mountain in Jackson, Wyoming, during a snowboarding vacation.

"Justin knows how much she loves snowboarding and the mountains, so it was the perfect place," the source says.

"He knew it was the right time to propose." The pair broke up briefly last year, and "when they reunited, they had a conversation about taking the next step," the source says. METRO

Mendes hangs with Gosling's mom

▶ Ryan Gosling

If there were any doubts that Ryan Gosling and Eva Mendes were getting serious, their recent behaviour should put them to rest.

While visiting New York, Gosling reportedly took Mendes to the movies along with his mother, according to People magazine.

"They all hung out and went to the movies together," a source says.

"Ryan and Eva seemed very happy."

And they seemed even happier before arriving in New York, while still at the airport in Los Angeles.

"They kept kissing and hugging while they waited to board their flight," says a source.

"Eva looked gorgeous and kept smiling." METRO

kidney failure

Nick Cannon was hospitalized this week in Colorado for kidney failure, wife Mariah Carey revealed on Twitter. "Please pray for Nick as he's fighting to recover from a mild kidney failure," Carey wrote in a post accompanied by a photo of the pair in a hospital bed. The singer noted that a visit to the hospital seems to be an annual tradition for the couple: "Last year it was me attached to the machines," she wrote, referring to the birth of their twins, "and Nick was there with me through it." METRO

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SHOPPERS DRUG MART

3 life

Style pick

Get the boot

A nearly century-old hunting boot is catching on with a younger generation that sees the utilitarian footwear as hip.L.L Bean's familiar duck boot with leather uppers and rubber soles has become something of a fashion statement owing to its newfound popularity on college campuses, the company says.
THE ASSOCIATED PRESS

Red carpet starlets ready to give the time to do 1950s style up right

Dewey in the dark winter

It's January and it's cold and dry Yes this is obvious, but the fixes for your chapped skin may not be Try these tips from dermatologists to save your skin from the rough season ahead

ISTOCK

Use a conditioner in your hair more frequently during the winter.

Showers

Don't take extra hot showers. As much as you want the comfort of that heat when it's chilly, there's less moisture in the air during winter and hot showers can further dehydrate your skin, says Dr. Neil Sadick, clinical professor of dermatology at Weill Cornell Medical College in New York.

"Make showers as tepid as you can tolerate," he says. If you can't stand the chill, find a space heater safe for bathroom use.

Moisturizing is so important this time of year because it protects the outer layer from winter's wrath while retaining natural moisture from within.

Hair and nails

Don't ignore hair and nails. They're made of the same compounds as skin and crack in similar fashion, says Dr. Alicia Zalka, a dermatology professor at Yale. "I don't think people realize that when nails split it's 90 per cent from lack of proper moisture." B vitamin supplements can improve skin, hair and nails during winter.

"They're better for the skin when ingested, rather than when you put them on the skin topically," Zalka says.

"If you've got the driest of dry skin, the best defence for that is a couple of days of plain old Vaseline."
DR. ALICIA ZALKA, ASSOCIATE CLINICAL PROFESSOR OF DERMATOLOGY AT YALE

Stay away from products that contain detergents because they can remove protective, essential oils.

"Humidify the air in your home, especially in your bedroom so that healing and repair can take place while you sleep."
DR. DAVID ORENTREICH CLINIQUE DERMATOLOGIST

Don't assume that drinking water or replacing fluids internally is enough to keep your skin healthy during cold weather.

Sunblock

Don't forget sunblock. It's just as important during winter as it is in summer, experts say, especially during winter sports like skiing at high altitude.

"In the winter it feels cold because very little infrared light reaches the earth," Dr. David Orentreich says. "The opposite is true in the summer. However, in the winter ultraviolet light is 90 per cent as strong as it is in the summer but since we can't feel or see it we mistakenly think it's absent, too."

Application of a broad-band screen once a day should suffice, Sadick says. THE ASSOCIATED PRESS

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Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker:
Any suggestions for getting back into the WORK mode? Vacation was over too quickly. Now it's time to deal with LIFE.

- **@TheStyleStrut:** Meditate, coffee, exercise - not necessarily in that order!
- **@Jeanne_Beker:** Okay! Think I'll start with coffee....
- **@MeaganArtisan:** Buy a new lipstick, or peice of clothing & get excited to show it off. That always helps me to get on schedule. ;)
- **@Jeanne_Beker:** That sounds like a nice quick fix! (And shopping is always good for the economy too...)
- **@TheImageis:** book another vacation as a goal to work towards ... It's the light at the end of the tunnel - :)
- **@Jeanne_Beker:** Now THAT is a very cool idea

▶ @Jeanne_Beker: Skiing the Sierra Nevada, in Spain!!! (Dec. 30)

**TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV.
JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.**

How to 'make it work' after losing weight

WEIGHT WATCHERS/THE ASSOCIATED PRESS

▶ Tim Gunn, left, helped Weight Watchers contest winner Abby Dale shop for new clothes after losing 92 pounds.

There are people out there who really do stick to their New Year's resolution and take off those last 10 pounds – or more.

But sometimes, says fashion guru Tim Gunn, they don't know how to show it off, or even find clothes that fit.

"Once you've reached your goal, it's time to go shopping or at least alter your old clothing. ... My mantra about 'getting' fashion is silhouette, proportion and fit. When they are in balance, you'll look great in whatever you're wearing," he says.

When women are in a transitional phase, he suggests a wrap-style top or dress, which basically adjusts itself to changes in your body.

He'd also steer people toward V necklines instead of a crewneck or boatneck. V necks lead one's eye up to the wearer's face, he explains, which can make a flattering line.

Pants often can be taken in to accommodate a smaller size because they have mostly straight seams, Gunn explains, but jackets and blazers are trickier for a tailor to fix if shoulder seams start to creep down the arm. Men especially have an issue with collars.

The least flattering look? Clothes that are baggy, says Gunn, the Project Runway mentor and soon-to-be host of the daytime talk show The Revolution.

The more fabric there is, the more of you there is to look at." THE ASSOCIATED PRESS

Stand firm when it comes to cellulite

THE KIT

By Deborah Fulsang

SCOPE BEAUTY

▶ Smooth as a baby's bottom? It's not the reality for most women.

"Eighty-five per cent of women have cellulite and the 15 per cent that don't, think they do," says Dr. Shimon Eckhouse, The Kit's expert for face advisor. His company explores light-based technology to target and treat the dreaded orange-peel skin.

No wonder the industry is booming. One new report claimed sales for cellulite products hit the $11.8-million mark last year in the United States. Safe to say the category is healthy here in Canada, too.

But beware, says Dr. Lisa Kellett, a dermatologist in Toronto, there's no magic bullet. "Topicals are not drugs. They're not going to go down to a level that they're going to get rid of cellulite," she says. "They might plump up the skin temporarily, much like if you went home and took a loofah to your skin and scrubbed at it. You could cause swelling in the skin to improve the appearance."

The bottom line on cellulite? "There is no cure." You can, however, make surface improvements. And for many, of course, appearances count.

Tip: Be sure to exfoliate before applying your chosen smoothing cream. A good scrub preps the skin to allow active ingredients to perform at their max.

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Hot new decor trends

Design expert Karl Lohnes tells us what's new and fresh for 2012

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

Trends change yearly. Here's four of the most popular ones for 2012.

LARGE FLORAL PATTERNS

Flowers are back; they are bright and big and look modern.

Add a large floral print to just a headboard in the bedroom, the back panel of a chair or Euro-sized pillow shams in the living room for a burst of colour this year.

Up-cycling

Last year we painted old dressers trendy colours, and this year it's about investing in good stuff. Find an antique chair and upholster it with a cashmere/wool blend fabric, have a custom lampshade made or add luxe trims to a set of old velvet drapes. It's the small investments that will offer up classic style.

CB2 STORES

▶ Flower sutra artwork, CB2 stores

ANTHROPOLOGIE

▶ Curvy-lined furniture helps to round out a room. Amelie sofa in blazing poppies fabric; $3,300, Anthropologie

CURVY FURNITURE

Low, deep and lounge-like was all the rage last year for sofas and chairs.

For those with enough strength (or a crane) to get out of these you can say goodbye and sit on something more comfortable.

Traditional style is making a return and curvy-lined furniture is feeling most welcome after two decades of square-edged, hotel-inspired furnishings. Look for the classic camel-back shaped sofas and organic shaped side tables to round out your rooms.

BENJAMIN MOORE PAINTS

▶ Orange tones will dominate wall colours for 2012. Massada; Benjamin Moore Paints

ORANGE

Last year we said goodbye to the suburban beiges and honey browns and replaced it with cooler tones like sea glass and pale greys. This year it's all about being optimistic; happy colours and every shade of orange is topping the list for paint colours. From pale rust to sherbert tangerine, this citrus colour is topping 2012's list for painted walls.

FOR A COMPLETE LIST OF KARL'S 2012 DECOR TRENDS VISIT METRONEWS.CA

CONTAIN YOUR LIFE'S CHAOS

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear Charles the Butler, What is a good new year's resolution for something I can do within my house? Suzy Homemaker

Dear Suzy Homemaker:

After giving this very question some thought just a few weeks ago, I personally decided to call 2012 "the year of the container".

So what does this mean? Well for those of you who know me, I love to use containers to hold things.

Containers keep my cupboards as organized and clean as possible.

For example, my shoe shine kit has a small container all of its own — it holds everything I could ever want or need to do with my shoes, including extra shoe laces.

My wrapping paper, last season's clothing and even new toiletries are all in containers.

So my suggestion for you is to re-organize your personal life with clean well-organized containers that are all labelled!

"I love to use containers to hold things. Containers keep my cupboards as organized and clean as possible."

This helps keep cupboards organized and offers you easy access when you need your important stuff!

HAVE A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONEWS.CA

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A new menu for a new year

In her cookbook My Father's Daughter, movie star turned domestic goddess Gwyneth Paltrow shares some easy, healthy recipes You can eat like a Hollywood star, while still enjoying carb-heavy pasta and muffins

Sweet potato ravioli

For the pasta:

1. Whisk together whole eggs and yolk in a bowl. Put flour in a big mixing bowl, make a well in the centre and pour the eggs into the well. Slowly bring in flour using a fork and knead by hand until a dough forms. Add more flour if dough is sticky. Leave to rest for at least 10 minutes.
2. Take out your pasta machine. Cut dough into 8 pieces and roughly form into triangles. Dust with flour. Starting on the widest setting, put one piece through the machine. Fold the dough over itself and go through again on the same setting. Repeat this process on each setting, going from widest to thinnest until you are left with a long thin sheet.
3. Repeat the process with all the pieces of dough, covering them with clingfilm.

For the filling:

1. Steam the sweet potato pieces for 20 minutes or until cooked through. Mash in a bowl and stir in cheeses. Season with salt, pepper and nutmeg. Let the mixture cool before proceeding.
2. Dollop filling along half the pasta sheets, leaving 5 cm between each spoonful. Using a pastry brush, brush egg white along the tops and bottoms of the pasta sheets and between each dollop of filling. Lay the untouched pasta sheets over the filled ones. Using your fingers, seal the edges around each bit of filling. With paring knife, cut ravioli into squares.
3. Using your fingers, pinch each ravioli's edges to be sure that they're sealed.
4. Bring pot of salted water to boil. Cool ravioli for 2 ½ minutes. Top with butter, sage and Parmesan.

▶ Gwyneth Paltrow

Ingredients:

For the pasta:
- 2 organic large eggs
- 10 organic large egg yolks
- 225 g unbleached plain flour, plus more for kneading

For the filling:
- 1 sweet potato, peeled and cut into 8 pieces
- 4 tbsp finely grated Parmesan cheese
- 2 tbsp mascarpone
- Coarse salt
- Freshly ground black pepper
- Freshly grated nutmeg
- 1 large white egg, beaten

For finishing:
- 50 g unsalted butter
- 6 fresh sage leaves, sliced
- grated Parmesan cheese

Healthy blueberry muffins

These muffins are made from spelt flour, don't have any sugar and are vegan.

Preparation:

Ingredients:

- 125 ml vegetable oil
- 125 ml soya milk
- 125 ml maple syrup
- 4 tbsp light agave nectar
- 100 g white spelt flour
- 125 g whole spelt flour
- 2 tsp baking powder
- ½ tsp fine salt
- 300 g fresh blueberries

1. Preheat the oven to 190 C (375 F). Then line a 12-hole muffin tin with paper cases.
2. Mix all the wet ingredients together, then stir in the dry ingredients and fold in the blueberries.
3. Divide between the paper cases and bake until a cocktail stick comes out clean and the muffins are golden brown, 25-30 minutes. Let cool before eating.

Tuna and ginger burger

Ingredients:

For burger:
- 1 tsp wasabi powder
- 2 tsp Dijon mustard
- 1 tsp water
- ½ tsp freshly ground black pepper
- ½ tsp coarse salt
- 1 tbsp peeled and finely chopped fresh ginger
- 1 tbsp peeled and finely chopped garlic
- 1 ½ tbsp groundnut oil, plus more for cooking
- 450 g highest quality tuna, cut into 2.5 cm pieces
- 2 tbsp extra virgin olive oil
- 3 shallots peeled and thinly sliced
- 2 wholemeal hamburger buns
- 125 ml soy & sesame mayo
- Handful fresh rocket

For topping:
- 125 ml vegenaise or mayo
- 2 tsp soy sauce
- 2 tsp toasted sesame oil

Preparation:

1. Combine the wasabi, mustard and water in a small bowl. Scrape it into a food processor along with the pepper, salt, ginger, garlic and groundnut oil. Pulse it all together to make a flavourful paste. Add the tuna and pulse just to combine — be careful not to overprocess the tuna as you want your burgers to have texture. Form the mixture into 4 burgers and set in the refrigerator for at least one hour (up to overnight).
2. Meanwhile, heat the olive oil over medium-high heat in a frying pan. Add the shallots and sauté for about 10 minutes, until they get soft and sweet and a little brown. Reserve.
3. Preheat your barbecue or griddle pan over high heat. Rub the tuna burgers with a little groundnut oil and grill for 2 to 3 minutes a side, to desired doneness. Grill the buns alongside the burgers. Spread the buns with mayo, pile on the sautéed shallots and a bit of rocket.
4. Whisk together ingredients for topping.

White bean soup with kale

Preparation:

1. Heat the olive oil in a large pot over medium heat. Add the fennel and cook for 10 minutes, stirring occasionally. Add the onion and garlic. Lower heat and cook for half an hour, stirring here and there. A little colour is OK, but you want the vegetables to get soft and sweet. Add crushed chillies, oregano and pepper and cook for a minute. Add the beans and stock, bring to the boil, lower to a simmer, add salt to taste and let cook on low heat for 1 hour. Stir in the kale leaves and let cook for seven minutes. Ladle into four bowls, drizzle with oil and serve.

Ingredients:

- 3 tbsp extra virgin olive oil
- 1 fennel bulb, stems and fronds removed for another use, bulb thinly sliced
- 1 large onion, peeled and thinly sliced
- Pinch crushed chillies
- ¼ tsp dried oregano
- ¼ tsp freshly ground black pepper
- 410 g can cannelloni beans, rinsed and drained
- Vegetable stock
- Coarse salt
- 1 bunch kale, stems discarded and leaves torn into bite-sized pieces

A Winnipeg company is currently looking for an employee with exceptional knowledge of Cantonese and Szechuan style cuisine (including traditional Hong Kong dim sum and Hong Kong style bakery and pastry), is able to and willing to train and to provide recipes and share your skills and knowledge and cooking techniques to the master chefs and sous chefs of the company. You have the following experience: (i) over 5 years experiences of training chefs; (ii) over 5 years experiences of a master chef; and (iii) experiences with opening new restaurants. We offer a competitive salary and comprehensive benefits package. Please send your resume to the following:
Eric at: epl663@hotmail.ca

4 sports

Jets floored by Eller's four

Canadiens forward the difference in Montreal with spectacular four-goal night ● Winnipeg remains a point out of Eastern Conference playoff spot as winning streak ends at three

7	3
CANADIENS	JETS

PAUL CHIASSON/THE CANADIAN PRESS

▶ Canadiens forward Lars Eller scores a penalty-shot goal on Jets goalie Chris Mason during the third period in Montreal. Wednesday night.

Lars Eller scored his fourth goal of the game with a spin-o-rama move on a penalty shot and added an assist Wednesday night as the Canadiens picked up only their second win in nine games with a 7-3 victory over the Winnipeg Jets in Montreal .

Josh Gorges, Tomas Kaberle and Tomas Plekanec also scored for the Canadiens (15-18-7), who got their first win on home ice for new coach Randy Cunneyworth.

Hats rained down onto the Bell Centre ice after Eller, whose previous high was a two-point game, took a feed from Andrei Kostitsyn and scored into an open side for Montreal's third goal in a 50-second span early in the third period.

Then at the 11-minute mark, the Danish centre was grabbed from behind by Ron Hainsey on a break to the net and was awarded a penalty shot. Eller skated to the crease, spun around and slid a backhander past Chris Mason before tumbling over the goalie for his fourth of the night.

Tim Stapleton, Blake Wheeler and Andrew Ladd scored for Winnipeg (19-15-5), which had a three-game winning streak snapped. Jets starter Ondrej Pavelec was pulled at 6:44 of the third after surrendering six goals on 24 shots.

30

Blake Wheeler's two points in Montreal, put him into a tie with Evander Kane for the Jets' scoring lead with 30.

Eller has five goals and two assists in four games since Cunneyworth made him a healthy scratch for a 4-0 loss in Winnipeg on Dec. 22. Eller's seven goals equals his total of last season.

With a goal and an assist, Wheeler now has four goals and five helpers during a six-game points streak.

Kaberle broke a 73-game goal drought when he took a feed from Travis Moen and slapped in his first as a member of the Canadiens 5:32 into the second.

Teams named the Winnipeg Jets have not won in Montreal since March 14, 1985, and have lost 14 in a row.

It was the beginning of a four-game road trip for the Jets. The Maple Leafs are up next in Toronto on Thursday before stops in Buffalo and Boston.

THE CANADIAN PRESS

Jets preview

Winnipeg at Toronto
6 p.m.
TV: TSN-Jets

The Jets (19-15-5) and the Maple Leafs (19-15-5) face off for the second time in six nights. Winnipeg defeated Toronto 3-2 on Saturday. The Jets missed a chance to jump two points ahead of the Leafs in the Eastern Conference standings with a 7-3 loss in Montreal Wednesday night. Toronto hopes their 7-3 win over Tampa Bay on Tuesday will help them get back on track to start the new year. Joffrey Lupul had four points against the Lightning and has 44 on the season, one behind Phil Kessel for the team lead.

THE CANADIAN PRESS

Scan code for more sports.

It's best player by committee in Winnipeg

THE HOCKEY NEWS

RORY BOYLEN
WINNIPEG@METRONEWS.CA

One of the most surprising developments of the Jets' season thus far is the minimal impact injuries have had on the club's performance.

Some of their resilience is due to the depth no one thought they had, but mostly it has to do with the team having a number of "best players" at different junctures of the campaign.

Think back to October when the Jets struggled out of the gate. Alexander Burmistrov was doing his best impression of a young Pavel Datsyuk and after scoring 10 points in the first 12 games, it looked as though Burmistrov was going to be the offensive leader. Of course, reality caught up to the slight 20-year-old Russian and he's tallied only seven points in 24 games since. Turns out they didn't need him to keep up the torrid pace, because someone else was always ready to pick up the slack.

Dustin Byfuglien may bring the size on the Winnipeg blue-line, but Tobias Enstrom was largely considered the Jets' best rearguard. He had six points in 11 games before going down with an injury and the team subsequently slipped into a miserable November slump. But Enstrom missed the first half of December too, when the Jets rang off win after win. The play and playing time of Byfuglien and Zach Bogosian picked up as a defensive mindset took hold, vaulting Winnipeg into the playoff conversation.

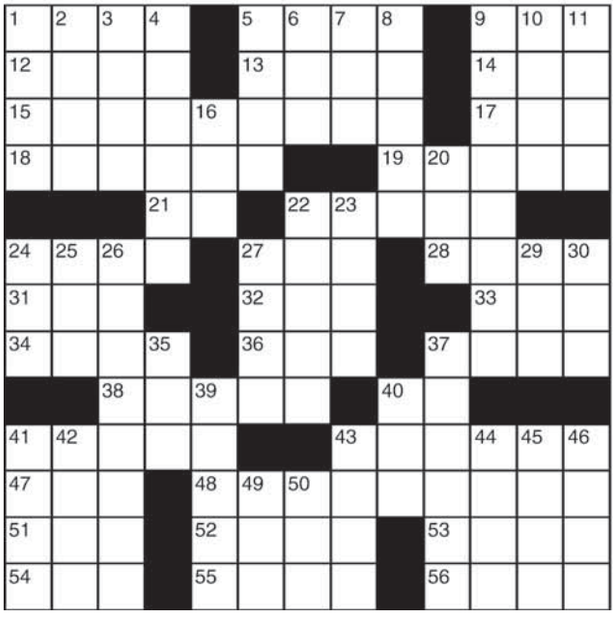
Since the early successes of Burmistrov and Enstrom we've seen Evander Kane, Blake Wheeler and even Bryan Little surge at times. Little was perhaps the most disappointing Jet early-on with no goals in his first 14 games, but became an integral part of the turnaround notching 11 in the following 18 before getting hurt.

Heck, even when the team has been without Little and Byfuglien recently, it hasn't mattered — the wins keep rolling in.

Here we are, near the end of the column, and Ondrej Pavelec hasn't even been named yet. Some are calling him the best player on the team so far this season, and whether you agree or not, he's at least in the conversation.

Can the Jets keep it up in January, when the dog days of the long season begin to wear on a roster? Can they keep the success going into a month where they'll play nine of 13 on the road? At the rate players have been stepping up on this team all season, it's getting harder to come up with a reason why not.

Crossword



Across

1 Employer
5 Tulip, at first
9 Pair
12 Pulitzer winner James
13 Sandwich treat
14 Disencumber
15 Ornamentations
17 Fuss
18 Soap opera, e.g.
19 Bank job, e.g.
21 Lumberjack's need
22 India's first PM
24 Picnic invaders
27 "30 Rock" star
28 Recognize
31 Round Table address
32 Director Spike —
33 Dead heat
34 Thick chunk
36 Toss in
37 Snitched
38 High heels, often
40 Battery size
41 Void
43 Big step
47 Evening hour, in a way
48 Dulcimer's shape
51 Egos' counterparts
52 Medal earner
53 Unsigned (Abbr.)
54 Ignited
55 Cushiony
56 Singer Mouskouri

Down

1 Crazy
2 Shrek, e.g.
3 Burn some
4 Brownish photo hues
5 Reach 212 degrees F
6 Grecian vessel
7 Journey segment
8 "The Garden of Earthly Delights" painter
9 Decorative quilt design
10 Broad
11 Smell
16 Peace (Lat.)
20 Noah's craft
22 Has to have
23 Watched
24 Ninny
25 Zilch
26 Member of a silent religious order
27 Envelope part
29 OPEC export
30 Tie the knot
35 However
37 Burroughs hero
39 Legends
40 Noshed
41 Satanic
42 Calf-length
43 Name for a Dalmatian
44 New Rochelle school
45 "My Heart Will Go On" singer
46 Writer Ferber
49 — Speedwagon
50 Remark from 43-Down

▶ Yesterday's answer

B	O	L	A			N	A	B		B	E	T	H	
A	K	I	N		E	M	U		A	R	I	A		
B	A	N	K	R	U	P	T		Z	U	L	U		
E	Y	E	L	E	T		C	H	A	P	E	L		
			E	A	R		H	E	A	T				
S	A	D		D	A	M		W	R	I	S	T		
P	R	I	G		L	I	S		S	O	L	E		
A	I	S	L	E		A	P	E		N	Y	C		
		R	A	M	P		A	S	H					
M	O	U	S	S	E		R	A	I	S	E	S		
A	L	P	S		A	B	R	U	P	T	L	Y		
R	I	T	E		C	O	O		P	A	I	N		
T	O	S	S		H	O	W		O	G	E	E		

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

9					5		6	
			9	1			7	
	3		6					2
	9	5		2				
4			7		6			5
				8		9	3	
7					9		4	
	1			6	7			
	2		8					6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

I love you Daniel Pikel, thanks for being an amazing man! Peyton & I are very lucky to have you in our lives! cant wait for the rest of our lives together baby! <3 :) **CRYSTAL**

Dear liz, I love you so much, these games you're playing needs to stop! life is too short my darling. you need to start embracing life more and take more chances. if you love me then tell me you fool.....Or you leave me no choice but to go after your sister LOL..... **MARK**

Him, Chillaxin with mah tallboyz! whoo hoo! Wahhhhhhhhh! feels great! you're there am here...was a superb day! See, bouncing back into the saddle. Whatever! Should've turned out da other way. oh well, life goes on! **BICE**

A look at the weather

TODAY	TOMORROW	SATURDAY
Min -7°	Min -9°	Min -14°
Max 7°	Max -1°	Max -7°

BT BREAKFAST TELEVISION

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 A.M.**

Today's horoscope

♈ Aries March 21-April 20 You will find yourself caught up in some sort of feud today and being a pugnacious Aries you will probably quite enjoy it.

♉ Taurus April 21-May 21 The best kind of work is teamwork, so join forces with like-minded people.

♊ Gemini May 22-June 21 You have taken on too many duties and responsibilities of late, both at home and at work, and need to cut back if you are to avoid exhausting yourself.

♋ Cancer June 22-July 22 You need a deeper, more serious relationship.

♌ Leo July 23-Aug.23 Try to remember that it's not all about money and status. Love counts too.

♍ Virgo Aug. 24- Sept. 22 This is one of those times when you must take risks and push boundaries. If you don't you may look back one day and regret it.

♎ Libra Sept. 23-Oct. 23 Like most Libras you rarely get angry, but you will surprise a few people today.

♏ Scorpio Oct. 24-Nov. 22 Start early, finish late and focus only on tasks that take you closer to your long-term goals.

♐ Sagittarius Nov. 23-Dec. 21 Remember that co-operation always makes things easier.

♑ Capricorn Dec. 22-Jan. 20 Life is always a gamble, that's one of the things that makes it so interesting.

♒ Aquarius Jan. 21-Feb. 18 You seem to believe that someone in a position of authority is plotting against you.

♓ Pisces Feb. 19-March 20. Mars in your opposite sign is bringing a number of challenges, not least in the guise of people who oppose your ideas and beliefs. But what of it? If your beliefs are correct you have nothing to worry about.

SALLY BROMPTON

Caption contest

DAVE CHIDLEY/THE CANADIAN PRESS

KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

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